

CONFERENCE DETAILS

Date: 23-25 June 2011

Conference Fee: RM 100.00*

Closing Date: **6th June 2011**

Those interested please
contact SRAM:

Phone:

03 89963964

E-mail:

squashmalaysia@yahoo.com

*Refer to registration form

SRAM COACHES CONFERENCE

2011

Achieving World Standards

TOPICS

- Training Parameters and Benchmarks
- Strength and Fitness for Children
- Tactics and how to train it.
- Planning a successful Junior Development Program

The 2011 SRAM Coaches Conference will be the beginning of a new dawn for coaches who wishes to improve on their knowledge and coaching abilities. This Conference will emphasize on what the world standards of squash requirements and how to get there with a rather practical approach that anyone can do with very limited resources.



Squash Rackets Association of Malaysia

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**Any enquiries please contact
SRAM**

